Emergency Management of Paediatric Adrenal Crisis

Intramuscular (IM) hydrocortisone doses or initial IV dose

British Society for Paediatric Endocrinology and Diabetes bsped.org.uk/adrenal-insufficiency

IM hydrocortisone Age Dose 0.25 mls Less than 1 year $0.5 \, \text{m/s}$ 50_{mg} - 5 years 100_{mg}

6 years & over

Indications for hydrocortisone



Acutely unwell and unable to get IV access



Acutely unwell with diarrhoea and vomiting and unable to tolerate oral treatment



Reduced responsiveness or loss of consciousness.



Hypoglycaemic or new onset seizure in known or suspected adrenal insufficiency.



Fracture / significant burn