



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED December 2019

Thank you

Thank you to all our members for your ongoing support of and involvement in the Society. Through our annual meeting, grants, awards, educational support, guideline and standard development, special interest groups, peer review, patient information and other collaborative efforts, we are together improving care for patients. The Society goes from strength to strength thanks to you all. We wish you all the best for the festive season and for the year ahead.

BSPED 2019

Thank you once again to all members who joined us in Cardiff for this year's Meeting.

RCPCH CPD Certificates

CPD certificates will be sent to all who have completed the post event survey by Wednesday 8th January. Please contact the **BSPED Meeting Team** if you attended the Meeting but have not received your post event survey via email.

Abstracts

All submitted abstracts from the Meeting can be found here: <https://www.endocrine-abstracts.org/ea/0066/>.

BSPED 2020

The 48th BSPED Annual Meeting will be held at the ICC in Belfast, on 11-13 November 2020. BSPED 2020 will be hosted by Noina Abid, who is already working hard with the rest of the Programme Organising Committee to pull together an excellent programme of sessions. Your feedback is always valued so please do get in touch if you have ideas for the Meeting.



News from the BSPED Office

You could be the next BSPED Clinical Committee Chair – applications open

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Chair of the Clinical Committee, you would steer a dedicated and passionate team of committee members from across the field to:

- 1 Respond and give opinions on matters in clinical paediatric endocrinology and diabetes including ethical issues, and funding of high-cost therapies.
- 2 Play an advisory role in the development of guidelines for optimal management of paediatric endocrine disorders and diabetes.
- 3 Participate in the development and maintenance of audit in paediatric endocrinology and diabetes from a national perspective.
- 4 Ensure adequate representation of paediatric endocrinology and diabetes to the media.
- 5 Increase awareness of therapeutic issues and any possible therapeutic problems, and arrange for national surveillance/audit where deemed appropriate in paediatric endocrine and diabetes practice
- 6 If required, investigate & disseminate information on any new therapy/problem therapy to the BSPED membership.
- 7 Review and develop the provision of BSPED's information for patients.
- 8 Review the output of BSPED Special Interest Groups.
- 9 Review surveys submitted by BSPED members prior to promotion by the BSPED.
- 10 Co-ordinate peer review of the designated paediatric endocrine centres in the UK (including Northern Ireland).



Applications are requested for the position of BSPED Clinical Committee Chair. The successful candidate would shadow current Chair Tabitha Randell for the March and May 2020 committee meetings and then take the helm for a 4-year term of office. Please see the [job description](#) or contact the BSPED office for more information.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

Applicants should send their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **6 January 2020**.

Be the Chair of the BSPED's Programme Organising Committee – applications closing soon

For those inspired by another highly successful annual meeting, applications are now requested for the position of **Chair of the BSPED Programme Organising Committee**, to take office in early 2020.

This is a recently created position, reflecting the importance of the BSPED Conference and its programme for our community. It is an exciting and influential role, responsible for the development of the scientific programme for the annual meeting of the Society.

In this position you will lead quarterly Programme Organising Committee meetings via teleconference, where you will develop the programme. You will also be expected to preside over abstract and meeting award judging

and to approve the programme book. You will receive support from the Executive Committee, as well as Bioscientifica as the BSPED's Professional Conference Organiser. Please see the [job description](#) or contact the BSPED Office for more information.

The position of the POC Chair has a term of 3 years.

Applicants should send their **nomination form**, CV including photo, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **6 January 2020**.

Vacancies: Chairs of NIHR, CRN, Diabetes UK and BSPED Clinical Studies Groups

1 x endocrine

1 x diabetes

Following the very sad loss of Carlo Acerini, the [NIHR, CRN, Diabetes UK and BSPED Diabetes and Endocrinology Clinical Studies Group](#), which had been making tangible progress in prioritising and promoting research, will have two separate chairs: one for the diabetes group and one for the endocrine group. We would be very pleased to receive applications from current group members, or other colleagues with the qualities required for these important roles.

The aims of the groups are:

- to identify research priorities for children with endocrine and diabetes conditions and ensure that their views are central to the development of future research;
- to support new study proposals;
- to advise NIHR CRN on study feasibility and study delivery;
- to support early career researchers with study design, signposting to clinical resources
- to work with family groups and industry to advocate for children
- to represent BSPED at European networks such as EUCADET, EnprEMA, Endo-ERN, Connect4Children

We meet at 2 face to face meetings a year, with telephone conferences in between.

You can find further details about the role and application process on the relevant link:

[Endocrine CSG Chair](#)

[Diabetes CSG Chair](#)

AGM Minutes

The 2019 annual general meeting of the British Society of Paediatric Endocrinology and Diabetes was held on 28 November 2019 and the minutes are now available in the [Members' Area of the BSPED website](#).

New BSPED Chair and Secretary – to take office in November 2020

The new BSPED Chair and Secretary were announced at the BSPED Annual General Meeting on 28 November 2019. Dr Tabitha Randell, Consultant in Paediatric Endocrinology and Diabetes at Nottingham Children's Hospital, was elected to the post of Chair-Elect and Dr Melanie Kershaw, Consultant Paediatric Endocrinologist at Birmingham Women's and Children's Hospital NHS Trust, was elected as Secretary-Elect. The new Executive Committee members will shadow Justin Davies and Jo Blair for a year, prior to officially taking office in November 2020.

Thanks go to Dr Talat Mushtaq for his application and to all who cast their vote.



BSPED membership renewal

Members will have received communication from the Society about renewal of your membership for 2019/20. It is important that you renew your membership at the earliest opportunity if you wish to remain a member. Please also use this as a chance to update us with your contact details. Ensuring these details are correct will also update the [online Members' Directory](#) should you wish, enabling you to collaborate easily with colleagues.

We would like to remind members that we no longer accept standing orders as a method of payment. If you require your payment link to be resent, or have difficulty accessing the members area, please contact the [BSPED office](#).

And finally...

Many congratulations to our colleagues Professor Justin Warner, Professor Jo Blair and Professor Indi Banerjee for being appointed to Chairs in their Trusts.

We are always pleased to hear about news such as this, so if there is something you think we should be celebrating, please do let the BSPED Office know.

Trainee Update

Feedback on training

Over the coming months, we will be looking at ways we can get more feedback on trainees' experiences of GRID and SPIN training, while minimising any additional surveys and questionnaires. We would like to trial a post-CCT questionnaire for GRID trainees and a questionnaire for SPIN trainees 6-months after starting SPIN. Any specific training issues should continue to be raised through the usual pathways. Please look out for and respond to any invitations to help us identify problems and make changes.

WhatsApp Journal club

The monthly national journal club discussing paediatric diabetes and endocrinology papers is underway with our first date planned for January. This will be run through WhatsApp, at least initially. If you would like to join please email us with your phone number and we will add you to the journal club group. Please be aware this will mean your phone number will be visible to all other members of the WhatsApp group.

Diabetes UK Family Weekends

Diabetes UK are running their family weekends again and are looking for volunteers. This is a great opportunity to meet families and young people outside of the clinic setting. If your application form is accepted, you will be invited to an interview before going on a weekend. Dates for next year have not been confirmed yet. More information is available at [www.diabetes.org.uk/how we help/type-1-events/volunteering](http://www.diabetes.org.uk/how_we_help/type-1-events/volunteering)

BSPED Trainee Mailing List and Noticeboard being updated

We are updating our mailing list. Everyone on the mailing list should have received an invitation to complete a short survey to make sure you are getting the emails most relevant to you. Anyone who has not replied by January will be removed from the mailing lists. If you have not received it, or would like to start receiving updates on courses, job opportunities and information on training, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

James Law & Rachel Boal
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainee@gmail.com

News from the Clinical Committee

Increlex safety update

Ipsen has issued a safety update for Increlex 10 mg/ml solution for injection. Please [read this update on our website](#) regarding risk of benign and malignant neoplasia.

BSPED Special Interest Groups

The BSPED is currently able to support one additional SIG, in accordance with the [terms of reference](#).

A proposal for a new SIG may be made by any BSPED member, with written support from at least one other BSPED member. The proposer(s) must make a clear case for its establishment detailing: the need (and lack of existing body to meet this need), mission of the group, expected output of the group and expected longevity of the group. The proposal must be accompanied by at least one expression of interest for a potential coordinator of the group. Proposals should be sent to the [BSPED Office](#) for review by the Executive Committee and Clinical Committee Chair.

Statement regarding Brexit

The BSPED aligns with the statement from the RCPCH regarding Brexit, [which can be read on the RCPCH website](#).

A call for BSPED members to assist with the peer review process.

We are excited that the next round of peer reviews has started. Peer Review Officer Indi Banerjee is asking paediatric endocrinologists, DGH paediatricians with endocrine interest and specialist nurses to help with centre reviews. If you would like to take part in this important quality improvement process, please visit the [peer review web page](#) for more information and contact bsped@endocrinology.org. Your interest will be gratefully received. We have training videos and centre guidance resources to assist all reviewers.

DKA Calculator

Revised DKA guidelines will be published following the output of the DKA SIG and the DKA Calculator will be updated thereafter.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here.](#)

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website.](#)

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

17 February for Clinical Committee on 3 March 2020

30 April for Clinical Committee on 11 May 2020

Announcements



The Child Growth Foundation (CGF) is a charity dedicated to improving the health and wellbeing of children and adults affected by growth conditions caused by endocrine issues or congenital abnormalities. They do this by delivering information and support, by working with health professionals to improve awareness & patient outcomes, by funding research to raise understanding and provide better treatments and by delivering an annual convention that brings together families affected by growth conditions and health professionals from all over the UK.

The CGF can offer support to the healthcare profession in a number of ways:

The **helpline** - 0208 995 0257- is one of the most valuable services and offers detailed and extensive telephone and email support and assists in answering the many questions that can arise.

The **fact sheets and guides** provide information on a number of growth conditions and can help patients to clearly understand the implications of the diagnosis they have been given. These information resources are available for download from the CGF website: childgrowthfoundation.org. Alternatively, hard copies can be sent out to health professionals and clinics on request; if hard copies are needed the contact email is: info@childgrowthfoundation.org

The CGF also provides a regular **e-newsletter** containing updates to health professional letting them know about information & research updates and details of opportunities for patients to be involved in research. To sign up to this e-newsletter, please visit: childgrowthfoundation.org/healthcare-professionals/

The CGF also welcomes support from healthcare professionals and gratefully receives contributions on treatments and updates that can be published in its twice-yearly newsletter.

Each year the CGF runs an **Annual Convention** with around 100 families attending and a large number of health professionals attend to provide talks about research and treatment. If you would like to find out about the Convention, either to attend or present a talk, then please email info@childgrowthfoundation.org

The CGF has been supporting patients and families for over 40 years and a great deal of our success has been by working collaboratively with health professionals. If you would like to support our work, or find out how you can help, please get in touch: info@childgrowthfoundation.org

Neil Hunter Marketing & Fundraising Manager
Jenny Child Membership & Parent Support Manager

Exciting opportunity at Alder Hey Children's Hospital

This is an excellent opportunity to undertake a one year period of research and to gain further clinical experience in this busy department, which treats patients in all areas of paediatric endocrine pathology. The Department is an active member of the EndoERN.

Clinical Research Fellow in Paediatric Endocrinology

We are seeking to appoint to a one year post commencing March 2020. This position is part of a new collaboration between the Department of Endocrinology at Alder Hey Children's Hospital and the Liverpool Centre for Cardiovascular Research, University of Liverpool. The Fellow will study metabolic and vascular function in children and young people with primary adrenal insufficiency, and will be jointly supervised by Professor Jo Blair, Paediatric Endocrinologist, Dr Dan Hawcutt, Paediatric Pharmacologist both Alder Hey and Professor Greg Lip, Price-Evans Chair of Cardiovascular Medicine, University of Liverpool. The Fellow will be based on the Clinical Research Facility (CRF), Alder Hey, and will have the opportunity to work alongside CRF staff to support the delivery of early phase clinical trials.

There are no clinical duties, but the Fellow will have opportunities to participate in the Department's programme of education, clinics and ward rounds.

Please contact Jo Blair for further details: jo.blair@alderhey.nhs.uk

British Thyroid Foundation launches new resources for teenagers

For several years the British Thyroid Foundation (BTF) has provided information for young children with thyroid disorders and also their parents and carers. We have now launched a range of information to help older children understand more about their diagnosis and guidance about how to manage it. They include a 30-page booklet, a series of short films in which young people talk about their experiences, online information about living with the diagnosis, and ten 'My Stories' where patients share details about what happened to them. The diagnoses range from congenital hypothyroidism, hypo- and hyperthyroidism and thyroid cancer.

All resources can be found on the BTF website (<https://bit.ly/34iofPZ>) and bulk copies of the booklet can be ordered by medical professionals. Please email children@btf-thyroid.org to order your free copies. The films can be viewed on the BTF YouTube channel.

We are grateful to Dr Tim Cheetham, Dr Catherine Peters and Dr Renuka Dias for their help with the development of these new resources. Also, to all the young people who shared their stories, took part in the films and otherwise helped with this project.

www.btf-thyroid.org

RCN Career and Competency Framework for Children and Young People's Endocrine Nurse Specialists - revised

The *RCN Career and Competency Framework for Children and Young People's Endocrine Nurse Specialists* has recently been revised and is now available on the RCN website at <https://www.rcn.org.uk/professional-development/publications/pub-007-287>.

We would like to thank Christine Desmond from the Royal Berkshire Hospital for all her hard work in ensuring its success. Children's endocrinology covers a wide range of illnesses and disorders, varying from minor disorders to severe life-threatening conditions. The need for specialist children's endocrine services is paramount, and it is suggested that patients would benefit from the care provided by specialist children's endocrine nurses. This framework has been designed to help guide endocrine nurse specialists with decisions and inform appropriate care of a child or young person and their family.

2020 ACCEA Awards Round

The ACCEA has provided an indicative timetable for the planned 2020 Awards Round. These dates shouldn't move dramatically, but are still subject to change.

Applications open:	6 February
Applications close:	3 April
Outcomes announced to applicants:	December

The formal announcement should be available on the ACCEA [website](#) in December.

London South Bank University – Nurse Endocrine Module

London South Bank University is pleased to run the 20 credit nurse endocrine module 'Principles of care for the child and young person in Endocrinology' in the next academic year, at level 6 and level 7. The dates are:

- Thursday 23 and Friday 24 January
- Thursday 20 and Friday 21 February
- Thursday 19 and Friday 20 March

Days in the University are comprised of lectures and group work, starting at 0900 and finishing at 1700. The assessment consists of a case study presentation, focusing on how innovative nursing practice and interventions can enhance the patient experience, and competencies to achieve in clinical practice. The nurse giving the most outstanding presentation will be invited to give their presentation in the nurses' session at BSPED later that year. The assessment / hand in date is Friday 1 May 2020.

It has been confirmed that the BSPED will generously financially support up to 9 nurse members to undertake the module. The nurse must be a BSPED member, and priority will be given to nurse specialists working in paediatric endocrinology. The places will be given on a first come, first served basis, and decided by the University.

Applications are now being accepted at:

Level 6 - <https://www.applycpd.com/LSBU/courses/105946?courseId=105946&tabId=1>

Level 7 - <https://www.applycpd.com/LSBU/courses/105948?courseId=105948&tabId=1>

For further information, please contact Kate Davies (the module lead) at kate.davies@lsbu.ac.uk



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology
and Diabetes endorses *Endocrinology,
Diabetes & Metabolism Case Reports*.

*BSPED members receive a 25% discount
on the article publication charge.*

Share your insights with the medical community by
publishing your case report!

Submit online at

www.edmcasereports.com

Facilitating discovery, connections and comparisons



published by
bioscientifica

Visit us at **www.edmcasereports.com**

Meetings and courses

Paediatric Regional Endocrinology Teaching and Training - Yorkshire 28th January 2020, Sheffield

The next PRETTY (Paediatric Regional Endocrinology Teaching and Training - Yorkshire) meeting will be held in Sheffield on Tuesday 28th January 2020. The theme is neonatal endocrinology. For more information or to reserve a place please contact elspethferguson@nhs.net

The 14th ACDC Annual Conference 31st January 2020, Aston Conference Centre, Birmingham

Our 14th ACDC Annual Conference will be held at Conference Aston: Conference Centre and Hotel Aston University Campus B7 4BL (15 minutes' walk from New Street station). Please book early as the conference is always oversubscribed and places will be allocated on a first come first served basis.

The [2020 ACDC Annual Conference Programme](#) is available here.

A registration fee of £105 is payable by all attendees for this conference via the link below (*please note that it is non-refundable)

<https://www.eventbrite.co.uk/e/14th-acdc-annual-conference-tickets-62570918301>
<http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

3rd International Multidisciplinary Thyroid and Parathyroid Symposium 1 February 2020, London

The 3rd International International Multidisciplinary Thyroid and Parathyroid Symposium will take place at St Mary's Medical School in London on Saturday 1st February 2020.

This is a part satellite-linked meeting with the Indian Association of Thyroid Surgeons – Chikhaldara Thyroid Surgery Camp.

Innovative topics include:

- New horizons in parathyroid gland management
- Clinical controversies in the execution of parathyroidectomy
- Live operating U.K. Thyroidectomy and APS
- Live operating India – Thyroidectomy with a Cervical Epidural

https://uk.aesculap-academy.com/go/?action=AkadEventData&event_id=3973073&evdate=3973076

Postgraduate Course in Paediatric Bone and Calcium Metabolism
5-6th March 2020, University of Birmingham Conference Centre, Birmingham

Postgraduate Course in Paediatric Bone and Calcium Metabolism aimed at Doctors in training and new Consultants. This will be of particular interest for Paediatric Endocrinologists, Rheumatologists and Nephrologists.

The purpose of this course is to increase knowledge of Paediatric Bone and Calcium Disorders including calcium and phosphate metabolism, hypocalcaemia, hypercalcaemia, bone densitometry, bone biology, vitamin D deficiency, rickets, osteoporosis and miscellaneous bone disorders. The learning method will be lecture-based expert teaching and delegates will be required to bring a relevant case to present. A maximum of 20 delegates will be accepted.

Cost: £400 per delegate (inc. residential fees, meals and refreshments)

To register your interest please contact Marie.McElroy (mariemcelroy@nhs.net)

10th Turner Syndrome International Conference
16-20 July 2020, Stirling University

The Turner Syndrome Support Society [UK] is proud to host the [10th Turner Syndrome International Conference](#).

We are pleased to announce the conference will be held at Stirling University, Scotland, UK in the beautiful Scottish countryside, over the weekend of 16 to 20 July 2020.

2019-2020 meetings

- **European Congress of Endocrinology:** 23-26 May 2020
- **European Society for Paediatric Endocrinology:** 10-12 September 2020
- **International Congress of Endocrinology:** 4-7 October 2020
- **British Society for Paediatric Endocrinology & Diabetes:** 11-13 November 2020
- **Society for Endocrinology BES:** 16-18 November 2020

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

BSPED
c/o Bioscientifica Ltd
Starling House,
1600 Bristol Parkway North,
Bristol, BS34 8YU
bsped@endocrinology.org
Tel: 01454 642258